



Code of Conduct for Swimmers from all disciplines

General behaviour

1. I will treat all members of and persons associated with the ASA with due dignity and respect.
2. I will treat everyone equally and never discriminate against another person associated with the ASA on any grounds including that of age, sexual orientation, ethnic origin or nationality.
3. I understand that the use of inappropriate or abusive language, bullying, harassment, or physical violence will not be tolerated and could result in action being taken through the club disciplinary or child welfare policy.
4. I will display a high standard of behaviour at all times.
5. I will always report any poor behaviour by others to an appropriate club officer.
6. I will recognise and celebrate the good performance and success of fellow club and team members.

Swimming training

1. I will treat my coach and fellow swimmers with respect.
2. I will make my coach aware if you have difficulties in attending training sessions as laid down for my squad.
3. I will arrive in good time on poolside before the training session starts to complete poolside warm up as directed by my coach.
4. I understand that if I arrive late, I must report to my coach before entering the pool.
5. I will ensure I have all my equipment with me, i.e. paddles; kick boards, hats, goggles etc.
6. If I need to leave the pool for any reason during training I will inform my coach before doing so.
7. I will listen to what my coach is telling me at all times and obey any instructions given.
8. I will always swim to the wall as I would do in a race, and practice turns as instructed.
9. I will not stop and stand in the lane, or obstruct others from completing their training.
10. I will not pull on the ropes as this may injure other swimmers.

11. I will not skip lengths or sets - to do so means I would only be cheating myself.

12. I will think about what I am doing during training, and if I have any problems, I will discuss them with my coach at an appropriate time

13. If I have any problems with the behaviour of fellow members, I will report them at the time to an appropriate adult

Competition

1. At competitions whether they be open meets, national events or club galas I will always behave in a manner that shows respect to both my coach, officers and my team mates and the members of all competing organisations.
2. I understand that I will be required to attend events and galas that the Chief Coach has entered / selected me for, unless agreed otherwise by prior arrangement with the relevant official and coach.
3. I understand I must wear appropriate swimwear, tracksuits, T-shirts/shorts and hats as per the rules laid down by the organisation.
4. I will report to my coach and / or Team manager on arrival on poolside.
5. I will warm-up before the event as directed by the coach in charge on that day and ensure I fully prepare myself for the race.
6. I will be part of the team. This means I will stay with the Team on poolside.
7. If I have to leave poolside for any reason inform and in some cases, get the consent of the Team manager / coach before doing so.
8. After my race, I will report to my coach for feedback.
9. I will support my team mates. Everyone likes to be supported and they will be supporting me in return.
10. I will swim down after the race, if possible again as advised by my coach.
11. My behaviour in the swim down facility must be appropriate and respectful to other users at all times.
12. I will never leave an event until either the gala is complete or I have the explicit agreement of the coach or team manager.

Signed:

Print:

Date



Code of Conduct for Parents

Parents are expected to:

1. I will complete and return the Medical Information Form as requested by the club and detail any health conditions / concerns relevant to my child on the consent form. Any changes in the state of my child's health will be reported to the coach prior to coaching sessions. I will ensure the club has up to date contact details for me and any alternative person.
2. I will deliver and collect my child punctually to and from coaching sessions/swim meets. I will inform a member of the committee or coaching staff if there is an unavoidable problem. If the club changes my child's lane and changing times, I will remember the change is to provide appropriate levels of training and enable my child to progress and should be facilitated and encouraged at all times.
3. I will ensure my child is properly and adequately attired for the training session/events including all required equipment, i.e. hats, goggles etc.
4. I will inform the Coach/Welfare Officer before a session if my child is to be collected early from a coaching session/meet and if so by whom.
5. I will encourage my child to obey rules and teach them that they can only do their best.
6. I will behave responsibly as a spectator at training / meets and treat swimmers, coaches, committee members and parents of mine and other clubs with due respect meeting the ASA commitment to equality.
7. I will not use inappropriate language within the club environment.

8. I will show appreciation and support my child and all the team members.
9. I will ensure my child's needs are met in terms of nutritional needs and listen to advice given from the club coach / nutritionist.
10. I will support the club coach and committee appropriately and raise any concerns I have in an appropriate manner to the welfare officer.
11. I will not enter poolside unless requested to do so or in an emergency. If I wish to have a discussion with the coach check I will check with the club Welfare Officer how this can be arranged.
12. Most of all I will help my child enjoy the sport and achieve to the best of their ability.

The club will undertake to:

1. Inform you at once if your child is ill and ensure their wellbeing until you are able to collect him / her.
2. Ensure good child safeguarding guidelines are followed at all times to keep your child safe.
3. Ensure all activities are properly supervised / taught / coached and consent is obtained for any activity outside of that previously agreed.

The parent has a right to:

1. Make a complaint to the club if they feel the club or a member of the club is not acting appropriate to ASA / club rules and regulations. Details of how to do this can be obtained from the club Welfare Officer.
2. Make a complaint on behalf of their child to the ASA Office of Judicial Administration.

Signed:

Print:

Date:



Code of Conduct for Swimming Coaches and Teachers

This Code is an extension to the ASA Code of Ethics. Both should be followed.

The Teacher / Coach must:

1. Put the well-being, health and safety of members above all considerations including developing performance.
2. At all times adhere to the ASA Code of Ethics, Rules and Regulations.
3. At all times adhere to Wavepower.
4. At all times adhere to the ASA Equality and Diversity Policy.
5. Consistently display high standards of behaviour and appearance.
6. Treat all swimmers with respect and dignity, value their worth and treat everyone equally, recognising their needs and abilities within the context of their sport.
7. Develop an appropriate working relationship with swimmers based on mutual trust and respect.
8. Always place the well-being, health and safety of swimmers above all other considerations including developing performance.
9. Always ensure that all teaching, coaching and competition programmes are appropriate for the age, ability and experience of the individual swimmer.
10. Always identify and meet the needs of the individual swimmer as well the needs of the team / squad.
11. Be fair and equal in team and training squad selection.
12. Never exert undue influence to obtain personal benefit or reward. Coaches must not use their position to establish or pursue a sexual or improper relationship with an athlete or someone close to them.
13. Encourage and guide swimmers to accept responsibility for their own behaviour and performance.
14. Continue to seek and maintain their own professional development in all areas in relation to coaching and teaching children.
15. Treat all information of a personal nature about individual swimmers as confidential, except in circumstances where to do so will allow the child to be placed at risk of harm or continue to be at risk of harm.
16. Encourage all swimmers to obey the spirit of the rules and regulations both in and out of the pool.
17. Co-operate fully with other specialists (e.g. other coaches, officials, sport scientists, doctors, and physiotherapists) in the best interests of the swimmer.
18. Never encourage or condone swimmers, volunteers, officials or parents to violate the rules of the club or the sport and report any violations appropriately.
19. Observe the authority and the decision of the officials and only question those decisions in the appropriate manner.
20. Treat all competitors and other club teams with respect, whether that is in victory or defeat and encourage all team members and fellow club members to do the same.
21. Refer all concerns of a child safeguarding nature in line with the procedures detailed in Wavepower 2016/19

Signed:

Print:

Date:



Code of Conduct for those Committee Members, Officials and Volunteers who work directly with children in the Swimming Club

This code is an extension to the ASA Code of Ethics. Both should be followed

1. At all times adhere to the ASA Code of Ethics, Rules and Regulations.
2. At all times adhere to Wavepower the ASA Child Safeguarding Policy and Procedures.
3. At all times adhere to the ASA Equality and Diversity Policy.
4. Adhere fully to the role and job description as outlined by the club and never use that role to gain favour for yourself or any individual swimmer.
5. Consistently display high standards of behaviour and appearance.
6. Treat all swimmers with respect and dignity, value their worth and treat everyone equally recognising their needs and ability within the context of the sport.
7. Encourage and guide swimmers to accept responsibility for their own behaviour and performance.
8. Continue to seek and maintain your own development in line with your role and complete

a Safeguarding Children in Sport course, if appropriate to your role.

9. Treat all information of a personal nature about individual swimmers as confidential, except in circumstances where to do so will allow the child to be placed at risk of harm or continue to be at risk of harm.
10. Encourage all swimmers to obey the spirit of the rules and regulations both in and out of the pool.
11. Never encourage or condone swimmers, volunteers, officials or parents to violate the rules of the club or the sports and report any violations appropriately.
12. Observe the authority and the decision of the officials and only question those decisions in the appropriate manner.
13. Treat all competitors and other club teams with respect, whether that is in victory or defeat and encourage all team members and fellow club members to do the same.
14. Refer all concerns of a child safeguarding nature in line with the procedures contained in Wavepower 2016/19

Signed:

Print:

Date: